

**TAPERED STRETCH REMOVABLE ADHESIVE  
ARTICLES AND METHODS**

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**Abstract of the Disclosure**

Pressure sensitive adhesive articles and methods, particularly stretch  
removable adhesive articles that are preferably for use in adhering to skin or like  
10 delicate surfaces. The articles include tapered terminal portions to control  
release characteristics. Preferably, stretch removability of the article occurs as a  
result of the selection of a stretch removable pressure sensitive adhesive. In  
some embodiments of the articles and methods, the adhesive and backing  
delaminate upon removal. In other embodiments of the articles and methods, the  
15 backing includes a predefined tab located in a central location of the backing.